What's happening this Autumn?

September·—World·Alzheimer's·Disease·month¶



World·Alzheimer's·Month·is·organized·by·°**Alzheimer's·Disease·International·(ADI)**°and·takes·place·annually·in°**September.**·The·campaign·unites·individuals,·organizations,·and·Alzheimer·and·dementia·associations·worldwide·to·raise·awareness,·challenge·stigma,·and·advocate·for·better·care,·research,·and·support·for·those·affected·by·dementia.·If·you·or·anyone·you·know·is·struggling·with·the·affects·of·dementia,·the·Alzheimer's·society·have·support·hubs·and·contact·lines··near·us·which·is·found·through·their·website·Alzheimers.org.uk·or·call·0333·150·3456.¶

October·—Breast·cancer·awareness·month·¶



October·is·Breast·Cancer·Awareness·month.·Each·year,·about·55,000·people·are·diagnosed·with·breast·cancer·in·the·UK.·It·is·more·common·in·people·over·50,·but·it·can·also·affect·younger·people.·Symptoms·of·breast·cancer·include·a·lump·in·the·breast·or·changes·in·the·size,·shape·or·feel·of·your·breast.·See·your·GP·if·you·have·any·of·these·symptoms·or·any·other·symptoms·of·breast·cancer.·Wear·it·Pink,·is·one·of·the·biggest·fundraising·events·in·the·UK·°for·more·information·check·out·their·website:·breast-cancernow.org/wear-it-pink¶

November·—·Movember¶



Movember·is·the·leading·charity·changing·the·face·of·men's·health·on·a·global·scale,·focusing·on·mental·health·and·suicide·prevention·and·prostate·cancer·and·testicular·cancer.·For·More·information·visit·the·Movember.com·website·to·help·make·a·change!¤

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Dunelm·Medical·Practice·–·Across·the·city·of·Durham—Bearpark—Gilesgate—Framwellgate¤

Dunelm·Medical·Practice·Newsletter·Autumn·2026··¤

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Meet the Team!

Reception edition



Receptionists at Bearpark

Clair McKay ~ Team Lead

Heather Kenny

Helen Wilson

Chloe Hammond

Lesley Ann Newell

Receptionists at Gilesgate

Beverley Thornton ~ Team Lead

Susan Taylor

Sophie Toal

Ashley Costello

Ziva Cruddace ~ Apprentice

Receptionists at Framwellgate

Catherine Davison ~ Team Lead

Gillian Lanagan

Shirley Tindale

Caitlin Hall

Julie Murton

Hannah Fowler ~ Apprentice

Our receptionists help us to run the Practice as smoothly and efficiently as possible.

Bowel Cancer Screening Programme

NHS

💙 Put it by the loo. Don't put it off. 💙

Bowel cancer screening is quick, simple and can be completed in the privacy of your own home.

If you're 50—74, you'll receive an NHS bowel cancer screening kit through the post, every 2 years, please… complete it as soon as possible and return it using the prepaid envelope provided.

Bowel cancer screening can help detect signs of cancer at an early stage, when treatment is often more effective. It can also identify changes that may need further investigation before cancer develops.

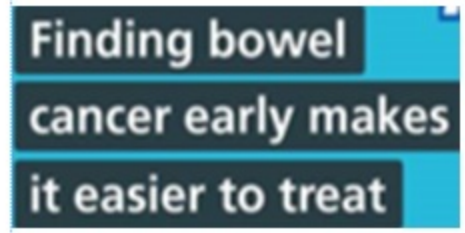
Dunelm Medical Practice is supporting the NHS Bowel Cancer Screening Programme and encouraging all…… eligible patients to take up their screening invitation.

- ☑ Put it by the loo
- ☑ Don't put it off
- ☑ Complete your kit and return it

If you're eligible for bowel cancer screening and have not received your kit, or need a replacement, contact the **NHS Bowel Cancer Screening Helpline on……**

0800 707 60 60

For more information, scan the QR code or visit: **www.nhs.uk/bowel-screening**



Have Your Say Join Our Patient Representation Group!

Help shape the future of Healthcare at Dunelm Medical…… Practice At Dunelm Medical Practice, we're passionate about providing the best possible care for our patients — and who better to help us improve than you?

We're looking for enthusiastic patients from all walks of life to join our Patient Representation Group (PRG). We want our group to reflect the rich diversity of our community, so…. whether you're:

- A student
- A parent or carer
- Working full-time or part-time
- Retired
- From any cultural or ethnic background
- Living with a disability or long-term condition
- A frequent visitor to the surgery or rarely need our services

Your experiences, ideas and opinions matter.

What's Involved?

Getting involved is simple and flexible. You can take part through: • Occasional meetings • Email discussions • Patient surveys • Sharing feedback and suggestions

There's no special experience needed — just a willingness to share your thoughts and help us improve.

Interested?

Please contact: Stephanie Rafferty, Assistant Manager

0191 3866044……

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