Dunelm Medical Practice

Opening Times

Bearpark Medical Centre	Monday to Friday 8.30am-6.00pm
Gilesgate Medical Centre	Monday to Friday 8.45am-6.00pm
Framwellgate Moor Medical Centre	Monday to Friday 8.45am-6.00pm Extended Opening: Saturday 8.00am-1.00pm

Booking Appointments

You may choose to see the Doctor of your choice and will be offered the first available appointment. If you feel that your problem is more urgent and cannot wait, please let the receptionist know and they will advise the duty Doctor of the situation. A decision will then be made about who the most appropriate clinician is to see you, and when.

All appointments at each surgery can be made either in person or by telephone.

- Bearpark Medical Centre Tel: 0191 373 2077
- Gilesgate Medical Centre Tel: 0191 386 4242
- Framwellgate Moor Medical Centre Tel: 0191 386 6044

Out of Hours Emergencies

Telephone : 111

SMS Text Message Service

If you provide us with your mobile number we can text you a reminder to attend your appointment, usually the day before.

Cancelling Appointments

If you are unable to keep an appointment for any reason, please contact the Surgery and let us know. This will then let us re-allocate the appointment to someone else. Failure to do so denies others access to appointments.

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Useful Telephone Numbers

University Hospital Of North Durham 0191 333 2333 (including Casualty) Citizens Advice 0191 384 2638 Department of Social Services 08458 505010 Drug and Alcohol Team 0191 333 3472 Police (Durham City) 0191 386 4222/101	Registrar of Births Deaths and Marriages 0191 386 4077 Relate (Marriage Guidance) 0191 384 1198 Sunderland District Hospital 0191 565 6256 (including ENT Emergencies) Sunderland Eye Infirmary 0191 565 6256 The Samaritans 0191 384 2727

Useful Websites

North Durham Clinical Commissioning Group (CCG) **www.northdurhamccg.nhs.uk/** Durham Community Action **www.durhamcommunityaction.org.uk/** DURHAM LOCAL SAFEGUARDING CHILDREN BOARD **www.durham-lscb.gov.uk/** Healthwatch County Durham **www.healthwatchcountydurham.co.uk/** NHS England **www.england.nhs.uk/** Health Protection Agency **www.hpa.org.uk/** North East Primary Care Services Agency **www.nepcsa.nhs.uk/index.htm** North of England Commissioning Support Unit **www.necsu.nhs.uk/** Safeguarding Adults **www.safeguardingdurhamadults.info/Pages/HomePage.aspx** Carers Federation **www.carersfederation.co.uk/home/** This is abuse **thisisabuse.direct.gov.uk/** MacMillan Cancer Support **www.macmillan.org.uk/Home.aspx**	CLIC Sargent **www.clicsargent.org.uk/** Marie Curie Cancer Care **www.mariecurie.org.uk/** Male Cancer Awareness Campaign **www.malecancer.org/** Cancer Research UK **www.cancerresearchuk.org/home/** MIND **www.mind.org.uk/** Rethink Mental Illness **www.rethink.org/** Citizens' Advice **www.citizensadvice.org.uk/** Money Advice Service **www.moneyadviceservice.org.uk/en** Childline **www.childline.org.uk/** British Heart Foundation **www.bhf.org.uk/** British Lung Foundation **www.blf.org.uk/** Diabetes UK **www.diabetes.org.uk/** Alzheimer's Society **www.alzheimers.org.uk/**